

ZENTANGLE®

Zentangle art is an easy to learn, relaxing and fun way to create beautiful works by simply drawing patterns within a space. Anyone can do it! The complicated patterns are broken down into easy to follow steps. The Zentangle method can increase your focus and creativity. Students will learn the basic theory behind Zentangles, the benefits and uses.

We will spend the first part of the morning learning a few tangle designs as you each create wonderful small pieces of art.

The rest of our workshop time will be spent designing and creating a Zentangle® Inspired wall quilt using a few simple guidelines. Students will work on a 16" x 20" wall quilt in class. Use black and white fabrics for a true Zentangle inspired wall quilt. Feel free to dip into your stash for a special color family or bring a variety of different colors for a scrappy look.

I will demonstrate how to draw on fabric, discuss using Zentangle in your quilting and embroidery. I will have lots of my own Zentangle art to share with you throughout class.

The yardages listed below are just suggestions, since it will depend on the design you create. If you are interested in working on the Butterfly (this pattern can be purchased during class), please e-mail me and I will send you the yardage requirements for that project. I will have handouts that include a heart, my abstract square (pictured) and circles.

KIT REQUIRED: \$5.00 PER PERSON

FQ background (I used orange on the square blocks & white on the butterfly.)

FQ leading fabric (I used cream on the square blocks & black on the butterfly.)

1 yard of your favorite fusible web with instruction sheet.

A variety of small pieces of fabric for all the applique pieces. Bring at least 10 to 15 different coordinating fabrics. These can be as small as 5" x 5" (charm packs) or as big as a FQ. Fat Quarter, Fat Eighths and even Layer Cakes will work. They can be lots of different colors, or work with a single color family. This is a great scrappy project!

Freezer paper

A Sharpie KING SIZE permanent marker (I will have some available to use during class.)

Basic sewing supplies (scissors, pencil, pins, etc.)

A rotary cutter, mat and ruler (you don't need a big one and you won't use it much.)

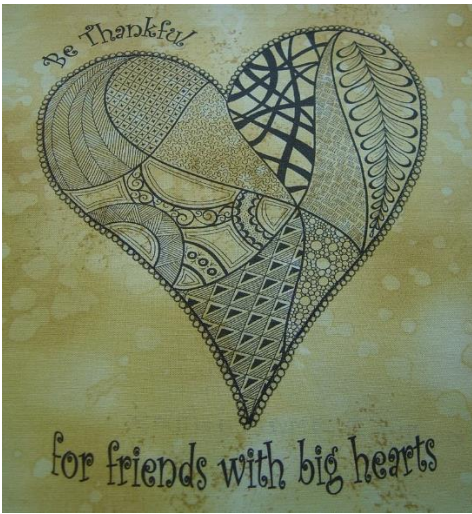
No sewing machine required. You will be ready to stitch your project when you get home.

I look forward to seeing you in class. If you have any questions, feel free to call or e-mail me.

Michelle

(575) 622-1826 jmichellewatts@gmail.com

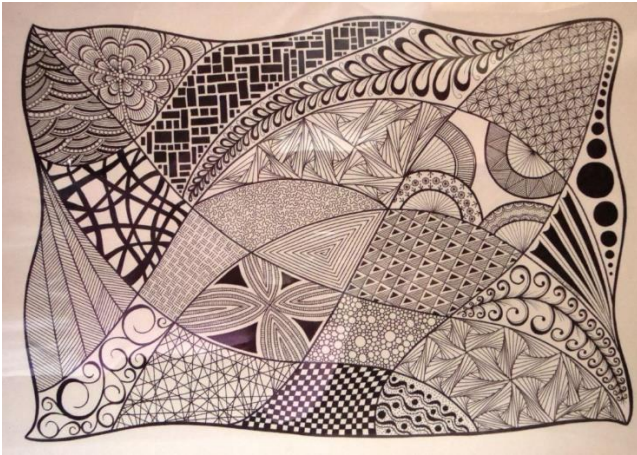
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Design drawn on fabric



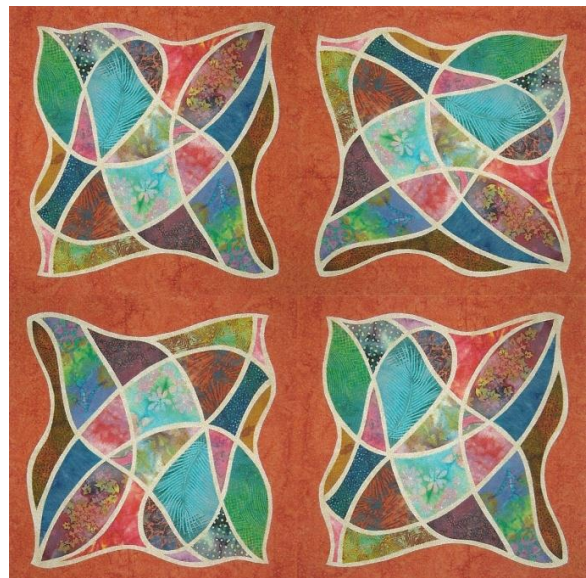
Design drawn on fabric and quilted



18" x 24" drawn on art paper



Butterfly Beauty pattern - \$9.00



Abstract- batik fabrics