



The Quilting Bee

Volume XL

Issue 3

MARCH 2024

**QGOA Celebrating
FORTY YEARS of Quilting!
1984 - 2024**

From the office of the President:

It's March already! Luck of the Irish is my wish for each of you; since I'm Irish that wish carries legitimate magic. And on St Patrick's Day everyone is allowed to claim at least a little Irishness.

And March is also National Quilting Month with March 19 being the special day to celebrate. While I know most of us try to emphasize quilting every chance we get (just ask your family), maybe we should dedicate the 19th to all things quilting. On March 5 we'll be at the City Council Meeting to accept a proclamation from Mayor Ross that recognizes our Guild's longevity and community contributions. How cool is that! We'll present a veterans quilt to the Mayor for his service in the US Marines. Big thanks to Shirley Johnson for thinking of this publicity angle in our Anniversary year and making all the arrangements. Several members have volunteered to join the audience; there will be photos!

See you on March 12th, Board Meeting will be held at 4:00pm before the general meeting.

Christine

DID YOU KNOW?

NTQF Event Location –

Irving Convention Center at Las Colinas,
500 W Las Colinas Blvd, Irving, TX

Registration is open for the 2024 NTQF!

Entries can be processed at <http://www.sewingexpo.com>

Also, DID YOU KNOW? that ***you don't have to finish your quilt to complete the registration?*** All you need is a picture of your progress (for identification purposes), personal information, name of quilt, quilt maker, quilter, design source, and measurements. Fees due June 28. Other dates and information in the February newsletter.

Let's get those quilts finished! No mess, no stress! Text or call with any questions!
Happy Quilting! Debbie Hood

**The QGOA Board usually meets
on the first Tuesday of the month**

**The March Board meeting will be
moved to March 12 @4pm prior
to the general meeting, as some
of the QGOA members will be
attending a City Council Meeting
on the first Tuesday of the month
and receiving a Proclamation for
the Quilters Guild of Arlington
being a part of the community
for 40 Years!!**

Notice: March 19 is National Quilting day. Here's a link to suggestions on how to [celebrate](#). Quilting Daily also has some other interesting stuff to take up more of your day just browsing, including 150 free quilt block patterns!

Sunshine and Shadow

Linda McPherson

Sunshine Please share your joy!

Maria Freitag's granddaughter Patricia, earned a superior rating of a "4" at her VASE Competition. VASE (Visual Art Scholastic Event) is like UIL for Art. Patricia is just one of two freshman from Martin HS that was invited to compete!

A rating of "4" also allows her to be eligible for consideration for the State Level Competition!

Linda McPherson is doing well after having the sewing machine needle that was still in her finger removed Feb. 16. Just a sore finger now!

Shadow

Ruth Ann Uzzle's son passed away very unexpectedly on February 12th. Ruth Ann is an active Guild and Piecemaker member and has been for many years.

Helga Smith passed away on February 8th. Helga used to be a very active guild member and headed up the Friendship Stitchers until ill health prevented her from doing so.

Joyce Clark's sister passed away this past month following an illness.

***Cards are always such a warm touch when someone is having a good/bad day and their dear friends take the time to send a card. Also, if you or any of your friends have sunshine or a shadow they would like in the newsletter, please let me know. ***

President's Block

Our newest president, Christine Weiss, has picked her block and what a beauty it is! Christine would like a paper pieced log cabin that she was nice enough to print off for all of us. The paper blocks are marked in each section for fabric color placement to make it super easy. Then she took it a step farther and cut out our center fabric for us. The center is a vibrant mustard color. The color palette she chose is one of whimsy and flavor... think a bowl full of berries (jewel tones, not brights) as you are looking through your fabrics for the perfect pieces. She said, "scrappy is great!" It is a quick and easy one to mark off of your to-do list. I have already received a few blocks and this quilt is going to make our mouth water when it is done. I will have the paper with pattern on it and center block at every guild meeting, so just find me to get started supporting our president in making this a quilt to remember.

We ask that you leave the paper on, don't trim the block and please sign your name on the paper.

Refer to the photos for color examples.



Welcome to our
New & Renewed Members

Courtney Glazer and Karen Miller!

Many Minis Stitch Group

MANY MINIS stitch group is busy making cute little quilts for the show auction. Join us twice each month when we offer books, patterns, fresh ideas, fabric exchanges and encouragement. It's on the 1st and 3rd Wednesdays at Holy Cross Lutheran Church on Arkansas (SW Arlington) from 9 AM to 2 PM, feel free to bring a lunch and stay the entire time, or drop in any time. Mini Thanks to Lea Bailey and Maria Freitag for graciously hosting us there all these months. Questions? Contact Christine Weiss



MINI MANIA IS HERE!

It's that time of year again when we start collecting miniature quilts for our show auction. And back by popular demand, we will be displaying our creations at the Guild meetings! Your peers will choose their favorites with 1st, 2nd and 3rd place ribbons being awarded.

Miniature quilts will also be assigned **"buy it now"** prices. You can purchase that special quilt prior to it going to the auction. Miniatures that don't sell at the meetings, will be collected by the show coordinator and stored for the auction.

Remember miniatures specifications:
✂ no more that 24 inches per side,
✂ must have a label with makers name and guild name,
✂ and a hanging sleeve (not corners) large enough for a 1/2 inch dowel rod.

If you have questions, please contact Debra Ware

Booth Buddies Stitch Group

Booth Buddies met Feb. 22 and made lots of turtle mops and began some cute wine gift bags. Seven of us sewed up a storm making products to sell in August. We even had a bit of fun being so industrious. Remember that this group sews to make booth inventory. However, we need everyone's help making items to sell. This group can't do it alone. Come join us next month (March 28th) or sew some items at home.
Lea Bailey

Friendship Stitchers Stitch Group

With the loss of our dear friend, and long time contact person for our group, Helga Smith, there is now a new contact person: Heather Schneider, 817-903-0761 or email hdquilt73@sbcglobal.net

Meets the 1st and 3rd Thursdays of the month at First Christian Church, 901 S. Collins, Arlington from 10am to 12:30ish. Generally no sewing machines unless we have a special project going. Handwork only. Quilting, embroidery, appliqué, knitting, crochet, you get the idea! Also lots of show and tell, expert advice and tips plus conversations. Some go out to a restaurant for lunch after. Cost \$3.00 per meeting. What a bargain!

Ronald McDonald House Charities QGOA Quilt Challenge

Guild members, we still have Ronald McDonald challenge fabric left and would love to sell out! This is a fun challenge for all skill levels, a good practice quilt for beginners, and that quilt will provide a child at Ronald McDonald the benefit of having this comfort them, and cherish the warmth it brings them. It is \$5 for the fat quarter and we will have them for sale at the next guild meeting. If you want to donate a quilt to Ronald McDonald House in 2024 you can make a challenge or non-challenge fabric quilt. Guidelines are on the [website](#) and quilts will be due by the June 2024 meeting and judging will happen at the July meeting along with a visit from a rep from RMD.



NOVEL READERS/BOOK CLUB

Attention avid readers and those who just like to curl up with a cup of something warm and a good book: For March 5, we'll discuss "The Pattern Artist" by Nancy Moser which has some history on women who created Butterick patterns. Our April read is "That Dorky Homemade Look: Quilting Lessons from a Parallel Universe" by Lisa Boyer because everyone needs to be reminded not to take ourselves or our craft too seriously. Highly recommended for May is "The Girl with the Golden Scissors" by Julia Drosten. We're also looking into "The Star and the Shamrock" by Jean Granger, which is a series of 4 books starting the story in WWII. First Tuesday of each month at Chicken Salad Chick in the Highlands shopping area @ 1:30 for food and lively discussion. All are welcome. Questions? contact Christine Weiss (*most of our book selections are available at Amazon, many free in kindleunlimited, low \$ otherwise, used book sites, or through the public library*)

Our Volunteers are Awesome!

Good Day to you all, Fabric Friends! Spring Fever is coaxing us outside to start yard projects, while we contemplate the inside UFOs for a new perspective. A pleasant dilemma, for sure. It's always good to have choices, and the luxury of time to carry them out.

Thank you to the 19 volunteers who gave up 477.5 hours contributing to our community last month. It's very *inspiring to be a part of this* generous group. If you missed the sheet last month, just add up all your previous hours and record them at the next meeting.

Have you misplaced a volunteer service bar/pin? Great news: we have a *Whole Tackle Box full of pins from past years and would love to replace yours! Just message me and we will make it happen.*

Thanks for your help...Cheryl Hunker



Dear Ones. Its already March and I don't remember winter. Oh! As a quick reminder to current members, and new members (welcome) **Project Linus meets the 2nd Thursday of the month except August. We meet from 9am til 2:30-ish.** We join forces and machines at **Westminster Presbyterian Church at 7001 Trail Lake Drive in Ft. Worth.** It's not that far -go west on 820/20 to Granbury Rd. go left or south several blocks then turn left on Hulen another couple blocks and turn right onto Altamesa another couple blocks to the stop sign and make a u-turn – that is the church, that first driveway is the parking lot where we park and unload. We go into the Fellowship Hall, there is a sign to follow the sidewalk to the entrance. There you will find sometimes 49 other quilters making gifts of comfort for the kids in local hospitals. We carry machines to sew quilt sandwiches and labels. There is a table of crocheters (Yarnivores) that make blankets and darling animals(many go to Ronald McDonald House). There are several tables of lovely folks tying the completed sandwiches already strung with thread and only need tying to complete. We have snacks and some bring lunch or go out. It is loads of fun and enriches our community. So come join, visit, or deliver a donation, or of notions or just lookie lookie. We'd love to see you there!

This month thank yous go to Nancy Spell (polkadot princess), Joyce Clark, Robbie Colley, Linda McPherson, Veronica Mowery, Cindy Bergman, Pat Hall, Shelley Uggens, Jolene Mershon(the Kit Fairy), Donella Pyle, Elaine Grasher, Kayleen Farrington, Leslie Wagner, Lauren Crespo, Dora Laughlin. Phyllis Borton(Quilting Queen), Randa Dillon, Susan FitzGerald, Patsy Martin, Dottie Hughes, Lana Ogden, Janice Mowery (Fabric Fairy), Patricia Eckstrom, Gabriel Eckstrom, Jacob Eckstrom, Brooklyn Muzzi, Eliza Muzzi, Joan Gregory, Sarah Munoz, Debbie Hood, Judy Liston, Cheryl Hunker,

Debra Ware, Gayle Krengel, Elizabeth Carr, Cynthia Berend, Christine Weiss, and anonymous. We try to acknowledge all, if missed please call my attention to it. Quilters are the BEST.

Hunting a new pattern? The archives of QUILTMAKER MAGAZINE, have free monthly Project Linus patterns, or check the Project Linus [website](#) . There are crochet, knit, quilt all sorts of free patterns!

The hospitals request certain sizes. Please try to make yours 40 X44 for the smaller kids and they also request 44 X 56 or even larger for bigger kids and some of these kids are in treatments for extended periods of time. We are blessed that our children are healthy and our commitment is only to SEW which is one of my favorite things on earth. Please accept the thanks of thousands of kids in our community who you can assist in healing. Elizabeth-Linus rep



Thanks to all who donated in February. Donations are valued at \$260, and included a child's coat, Disney duffle bag, 4 sets of boys T-shirts and underwear, 10 pairs of flip flops, an 8 pack of sidewalk chalk, toothpaste, toothbrushes, soap, body wash, shampoo and conditioner, bandaids, eyedrops, hydrocortisone, neosporin, benadryl cream, Centrum Silver vitamins, lady's fragrance, men's body spray, and menthol drops.



Safehaven's on-line wish list remains the same as last month: body wash, over the counter meds, towels and washcloths, lotion, Pack N Plays, and coats (can be gently used). Looking forward to your generous March donations!

Lauren Crespo

Military Quilt Project MQP

Do quilts have to be red, white and blue?
No, but I was told they really love the red,
white and blue ones.

Getting started on this year's projects?
I would like to collect quilts in October this
year, so that I can deliver them in November
for Veterans Day.

**Please wash your finished quilt and
attach a label.** I will have labels at our Guild
meeting.

While any size is great the following sizes
are suggested.

55 x 65 to 72 x 90, ideal size 55 x 65

I have fabric available as well as backing
fabric. If you have made a top and are
unable to quilt it, we have a few wonderful
longarm quilters that will help with a few.
Once quilted you can finish with the binding
and a label.

Many hands make light work. Let's all work
together to show our appreciation to those
who served.

Cindy Bergman

QGOA's Library Selections!

This month I'm highlighting 19th-Century
Patchwork Divas' Treasury of Quilts: 10
Stunning Patterns, 30 Striking Options. It is
co-authored by our very own QGOA
member Carol Staehle.

If you love antique quilts and reproduction
fabrics this book is your kind of eye
candy! It may even inspire you to form
your own diva posse!

Questions? Contact Veronica Mowery
This link will open a PDF file for the Library
Catalog by [Author](#), [Category](#), or by [Title](#)



2024 April Spring Day Retreat

We had an awesome time and a full house at
our January Winter Day Retreat! Our next day
retreat will be April 18th, 19th, and 20th. The
retreats are held at Lamar Baptist Church, 1000
W. Lamar Blvd in Arlington. **There will be a
price increase, starting with the April retreat.**

**The new fee will be \$60 for three days of
friendship, snacks and maybe some sewing...**

Online registration for the April retreat will be
open February 8th if you wish to pay with a
credit card. You can also pay via check or cash
at a meeting, or send your payment in the mail
to Debra Ware.

For those of you who like to plan ahead, here
are the dates for the July and October 2024
retreats: Summer, July 18th, 19th, and 20th.
Fall, October 17th, 18th and 19th. If you have
questions please contact Debra Ware.

2024 Donation Quilt

Many thanks to Debra Ware for the donation
of our 2024 Quilt.

The board is in need of someone to
volunteer to be the 2024 Donation Quilt
Coordinator as well as an Assistant. Please
consider doing this worthwhile job. You don't
have to travel with the quilt unless you
choose to (although it lets other guilds help
our money making efforts). You can set up at
each monthly guild meeting. The raffle quilt
is one of our major money-making projects.
It helps to pay for our speakers, like our
recent well received speaker, Carmen
Geddes!

Quilt Booth for NTQF

We need new merchandise to sell. Items should be handcrafted (doesn't have to be a quilt).

Buyers like small, unusual items that reflect current trends. So, think creatively. What can you make so that you could donate to the booth? It's nice to have 3-5 of an item, but we'll accept one. Remember that we want good quality products. Machine embroidered items, wooden items that assist quilters, knitted or crocheted items (but no washcloths this year—we have plenty and sell a few each show), a bag set, interesting pot holders, small stuffed items you made, beauty related items, etc. have appeal. Try to use newer fabrics that reflect recent purchases. Finished items may be brought to any quilt meeting. Contact Linda Curzan or Lea Bailey for more information.

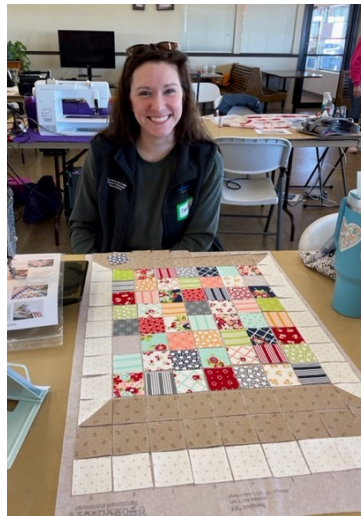


Elizabeth Carr
Sandy Ellison
Veronica Mowery
Jeannie Robinson
Pat Hall
Elizabeth Cooper
Jana McBroom
Kathy Sisney

Beverly Francois
Dwain Edwards
Melba Drennan
Debra Ware
Robert Reszl
Penny Kilpatrick
Gayle Lacerda

Workshops are fun!

Our February Speaker Carmen Geddes was very informative and helpful in getting us comfortable with working with fusible grid, and all that you can do with it!! Also a few members were able to share a meal or two with her! What a fun week!



Quilters' Guild of Arlington 40 Years in the Making ... Quilts, Friendships, Community

By Rose Kauhane

From the beginning QGOA members have been generous with their time and talents to lend a helping hand to their surrounding communities. Back in the 80's quilts were quilted by hand. Making a donation quilt which would be raffled off with the proceeds given to a local charity took 6 to 700 (yes 100's) of hours and countless hands. They raised thousands of dollars for each quilt. Through the years aided by the advancement in machines (sewing and long arm quilting) and tools the task got a little easier, but the quilt designs became more and more complex. Multiple hands were still needed. Sometimes individuals would take on a challenge; other times one of the stitch groups would step up to the plate.

40 years, 30+ donation quilts, 30+ times the community was blessed.

But the guild's generosity did not stop there, for 40 years there have been quilts made for homeless shelters, Ronald McDonald House, for at risk babies (called ABC At-Risk Baby Crib quilts), for the Linus project, as well as for military veterans, for hospitals to auction off, quilts to raise funds for the Susan G. Komen foundation and other Cancer Research groups, and the list goes on! From hats, and scarves for the homeless, to canned goods drives, to helping the women's shelter with much needed supplies.

Generosity, lending a helping hand, spreading love all around is an ongoing effort for members of the Quilters Guild of Arlington.



Working on 1990 Donation Quilt



Excerpts From QGOA Celebrates 30 Years Recipe Book

From the "Vegetable & Side Dishes" section

FRIED GREEN TOMATOES

- 4 lg. green tomatoes
- 1 egg
- 1 c. yellow cornmeal
- 1 tsp. salt
- 1/2 tsp. pepper
- 1/2 c. vegetable oil
- 2 T. butter or margarine

Slice tomatoes 1/4 inch thick. Beat egg in small mixing bowl until light and fluffy. In a separate plate combine cornmeal, salt & pepper. Dip tomato slices in egg first then coat with cornmeal mixture. Heat oil and butter in frying pan and then add tomato slices. Fry until golden brown on both sides. Drain on paper towels and serve.

Note: A lower calorie way to cook fried green tomatoes is to simply dip the sliced tomatoes in 1/2 cup cornmeal mixture (tomato moisture holds the cornmeal) and fry in small amount of olive oil (just enough to coat the pan).

Sherry Livingston

PAT'S POTATO CASSEROLE

- 1 - 2 lb. pkg. frozen hash brown potatoes
(thawed)
- 12 oz. sour cream
- 2 c. cheddar cheese
- 1 can cream of chicken soup
- 2 sticks of butter
- 1/2 chopped onion
- 3 cups crushed crackers

Preheat oven to 425 degrees. Pour hash browns into a lightly greased 9x13x2 inch baking dish. In large skillet over medium heat, combine 1 stick of butter and onion, sauté for 5 minutes. Combine this with the cheese, sour cream and soup. Spread this over the potatoes in the dish. Next, arrange the crushed crackers over all the dish. Melt the remaining stick of butter and pour this evenly over the crackers.

Bake at 425° for 1 hour.

Patricia Eckstrom

From the "This & That" Section

"MOTHER'S LIFETIME RECIPE

- 2 heaping cups of patience
- 1 heart full of love
- 2 hands full of generosity
- Dash of laughter
- 1 head full of understanding

Sprinkle generously with kindness, add plenty of faith and mix well, spread over a period of a lifetime, and serve everybody your meet.

Carol Ramsey

Braxton County Senior Citizen Cookbook

Many Thanks to Rose Kauhane for providing the recipes from the QGOA 30th Anniversary Recipe Book, and for the History of QGOA



Interesting:

The North Texas Quilt Festival started in 2017.

EtCetera Art Group also meets in the EVENING 7-9 pm

Addendum to the Retreats information:

The **first** Day Retreat was held December 1-3, 1989, at a member's home.

Addendum to the Guild information:

The guild was started in 1984 and had non-profit standing, but was incorporated December 4, 1989.

Quilters' Guild of Arlington Celebration Block



During our 40th Celebration in September, we will proudly display members' Celebration blocks. If you remember, those were returned to you a few years ago. However, if you don't have one (like me!) you can make one. Debbie Hood

Makes One Twelve Inch Finished Block

Please review all instructions before making the block. Must be a light star in dark/medium background, block may be no larger than 12.5".

Need: 1. FABRIC A - 4.5" x 36" - MEDIUM TO DARK 2. FABRIC B - 2.5" x 20", plus 4.5" square - LIGHT that is suitable for name to be seen, no strong prints; 200 ct. muslin or plain fabric is suggested. 3. Batting - 13" square 4. 13-14" square backing fabric 5. Binding fabric - two 40 - 42" widths of fabric; cut 2.5" strips, miter for one strip, double fold

Cutting Instructions

*If you are going to heavily quilt, embellish or appliqué the block you may want to cut the pieces 4.5"x 5", then square up block to 12.5". Be careful to put star points on 4.5" side.

Cut 8* - 4.5" squares of medium to dark fabric - FABRIC A If using a fat quarter, cut along short side (18") must be at least 18"; two strips of 4.5". This will allow for 13" square for backing.

Cut 1* - 4.5" square light fabric - FABRIC B You may wish to embroider your name and „Member Since" line before constructing the block

Cut 8 - 2.5" squares of same light fabric - FABRIC B

Cut 1 - 13-14 " square of backing fabric, may be same as A or different

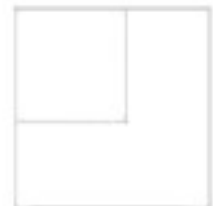
Cut two 3" squares of either your backing or binding material, for „hanging corners"

Cut 1 - 13 " square batting

Cut two (2) widths of fabric (40-42") cut 2.5" strips for binding.

Assembling Block - sew all seams with 1/4" accurate seam width

1. The star points are made using the stitch and flip method: Place a 2.5" sq. of fabric B in the corner of A with the right sides of the fabrics facing each other. With a pencil and ruler, mark a diagonal line on B from the corner to corner as shown. Sew on the line.
2. Trim patch 1/4" from sewn line. Press it gently to corner.
3. Repeat with another B patch on adjacent corner to create star points. Make total of 4 matching units for each of the star point units.
4. Join the matching units into rows with A patches as shown above; press the seams allowances toward the A's; middle row to B patch. Sew the rows together to complete the star block.



Finish

1. Quilt the block. You may embellish and quilt as desired to personalize your block! It cannot be larger than 12.5" square, so do nothing to extend size or 'dangle' off block.
2. Please make two „hanging corners", see below for instructions.
3. Sew on the binding to the block.
4. Sign block in at least 3/4-1" lettering in middle of center square with permanent fabric pen or embroidery. Include this line under your name: Member Since - fill in year you joined QGOA!

Hanging Corners - Corner Triangles for Hanging a Small Quilt

1. Cut two 3" squares of your backing or binding material.
2. Fold in half diagonally. Press.
3. Align the folded triangles on the back of the quilt to the TOP right and left corners, raw edges even. Pin. Double check you placed the corners on the top corners!
4. Sew on the binding in your usual method.

Blocks will be retained by the QGOA for future exhibits.