



The Quilting Bee



Volume XLII

Issue 7

JULY 2026

Thoughts from the President

We're halfway through another year and it's time to renew your membership if you haven't already done so. It's also time to finish binding, sleeving, and labeling your quilt show entries. Some of us are still waiting to get them back from the quilter, me included. Time is short!

I hope you all have volunteered some time at the quilt show. Patsy Martin still needs more help with our NTQF guild booth. Shifts are only 2.5 hours long and signup sheets will be available at the Guild Meeting and at Day Retreat.

Speaking of Day Retreat, I can't wait! A 3 day gab fest with my favorite people and lots of Show & Tell. What could be better? Starting this month, July, our Guild Meetings will be held at our new venue, Lamar Baptist Church. Please come! They have plenty of parking and it's still daylight when we adjourn for the drive home. I'm also looking forward to better acoustics. And remember, we will NO longer have a snack table. Lauren



Miniature Quilt Winners

You choose your favorite minis!
Congratulations to:
Lauren Crepo 3rd Place
Christine Wiess 2nd Place
Sherry Quint 1st Place

Quilt Guild of Arlington, you make me so happy and proud!

To everyone that contributed by making blocks, or participated on June 7 & 14 assembling this beautiful quilt, and to Barbara at QAF for providing the space to make this happen.

THANK YOU! THANK YOU! THANK YOU!

This has been an amazing experience. 65 pairs of hands, well over 100 hours of work, enormous talent and amazing generosity on all of your parts.

You should all be very proud of yourselves and this amazing group that we are all apart of. Thank you for letting me be one of you and being apart of projects like this!

P.S. We are really good at this!

Will



UPCOMING PROGRAMS & WORKSHOPS

JULY 14th – LINDA & CARL SULLIVAN

Evening Program: **Best Tips & Tricks for Precision Piecing** –

Stop being frustrated with inaccurate 1/4" seam allowances or finishing pieced blocks to the correct size. Learn best tips & tricks for fabric preparation, setting your machine for success, perfect pressing practices, tools & techniques for fine tuning to achieve perfect 1/4" seam allowances. Learn how to work through persnickety seam intersections & a variety of other "potential piecing hazards" to achieve beautiful results.



AUGUST 11th – MICHELE MARKEY

Evening Program: Fabric Painting 101 and Trunk Show – Get inspired seeing a bevy of textile works of art using a variety of coloring & painting techniques. Watch Michele demo how to use a wide variety of tools to paint and color on fabric.

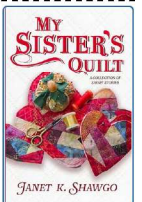


AUGUST 12TH WORKSHOP: Butterflies & Fabric Painting 101

Do you want to learn to color on fabric? But don't want to spend a lot of money on supplies? Then come to this workshop. Michele provides all of the tools & supplies needed for fabric blocks or a canvas bag (student choice). Choose your butterfly from 10 different choices, and learn multiple coloring & painting techniques using fabric markers, Inktense pencils, paints & fabric medium. When you're finished you'll have a beautiful block for a quilt, pillow or on a bag.

September 8th – AUTHOR JANET SHAWGO & RONALD MCDONALD QUILTS

Evening Program: Award Winning Author Janet Shawgo will present her latest book, "My Sister's Quilt", a collection of short stories that are silent witnesses to history, identity, and resilience. Each story is stitched with meaning – threading lives together across generations and continents. The book is currently rated 5 stars on Amazon. It is a "moving tribute to love, loss & the unbreakable threads that bind us – where the past & present live in every stitch and history still speaks." Read a sample on Amazon.com



RONALD McDONALD QUILTS: . Quilts will be displayed and voted on by our Guild members at the September meeting. Remember – All Quilts are Winners because they go to children and give warm hugs and reassurances as they face some tough challenges.



Reminder: Changes to Event Registration Policies Effective July 1

At its May meeting, the Board reviewed the increasing number of cancellations, refunds, and registration rollovers for workshops, day retreats, and away retreats. After careful consideration, the following change to the Standing Rules was approved:

Effective July 1, 2026, registrations for day retreats, workshops, and away retreats will be non-refundable and may not be rolled over to a future event.

If you are unable to attend an event, you may transfer or sell your spot to another guild member on your own.

Important: Members who currently have a rollover credit on the books must either use that credit for an upcoming event or request a refund no later than June 30, 2026.

Thank you for your understanding as we work to simplify event administration, improve fairness for members, and ensure the financial health of the guild.



Presenting:



Irving Convention Center
July 30- August
1, 2026

Our theme is
“God Bless
America”



Tickets are here!

NTQF tickets for sale at
the July meeting.
Last chance to support
our guild!

Please volunteer at our
Quilt Show

<https://www.signupgenius.com/>

Booth Buddies

For those of you that brought donation items for the mystery bags, thank you so much. I have enough supplies for eight more bags. I will bring four bags to the July guild meeting, in case anyone else would like to purchase one.

Those that have taken craft kits home to complete them for the booth sale, thank you so much. We have a good supply of items to sell. Those of you that have been working at home with other crafts for the booth, please bring them to the next guild meeting in July at our new location at Lamar Baptist Church. The July guild meeting will be the last time for people to sign up to help by sitting at the booth. At the last guild meeting, with all the people we had there, only six people signed up! Members-this is your booth! This is what makes the money to pay for speakers as well as the rent. Please help out by volunteering two hours of your time. The show is from 10am-5pm, July 30- August 1, 2026
Patsy Martin.

Sunshine & Shadow

*Linda McPherson**

Sunshine:

Marie Eggleston was in the hospital a few days but recovered nicely and doing great. From Linda McPherson - I was finally able to shed that Boot and I am all better now! It is tough to break a bone when getting older cause it takes forever to heal!

Shadow:

Patricia Eckstrom's daughter has stage 3 breast cancer

**** Please take the time to send a card. Cards always means so much to the individuals affected by good or bad news. Also, if you or any of your friends have sunshine or a shadow they would like in the newsletter, please let me know. Thanks.****



DONATION QUILTS RAFFLE

Be sure to get your chances for one, or both of these outstanding quilts, 1 applique and 1 pieced! Tickets are 2/\$5 or 10/\$20.

Each ticket is

eligible for 2 drawings: first name drawn has choice of either quilt, second name drawn receives remaining quilt. And yes, you can win twice! Both quilts are entered for judging at NTQF. Drawing will be at the December QGOA general meeting. Get your tickets at the Guild meetings or contact Christine Weiss.



BOOK CLUB/NOVEL READERS

For our upcoming book discussions we're reading;

- ☞ For July it will be "*The Overstory*" by Richard Powers. July 7th
- ☞ And for August, "In the Great Quiet" by Laura Vogt. August 4th

Or look back in past newsletters to see other books we recommend and join us to reminisce. Choose something to read that intrigues you and join us on the first Tuesday of the month at Chicken Salad Chick in the Highlands at 1:30pm for lively discussion, sometimes even including the book! Contact Christine Weiss for questions.

MANY MINIS

Will meet for lighthearted sewing, mini quilts and hand work on Wednesday July 15th from 9am – 2pm at Holy Cross Lutheran Church, 4400 W. Arkansas.

Questions, contact Christine Weiss

Happy Birthday!



Kitty Allison
 Julie Gale
 Barbara Garner
 Elaine Grasher
 Dottie Hughes
 Flossy Loop
 Karen Scribner
 Susan Sloan
 Sabina Thompson

The Archway Hello, Friends!

Your kind hearts are really shining through! Allergy medicines for children and adults, sheets, underwear, socks, Pull-Ups, and toothpastes topped the Archway giving list from our June meeting. I think we can all empathize with the year-round need for allergy medicines, and diapers and underwear are always appreciated.

The Archway also needs cleaning supplies, more basic bedding, and kitchen items for transitional housing placements. Thanks to all for your continued generosity. Dora
***All current needs items should be new.**



Dear Ones: Hope you are staying cool. We meet in July for our regular meeting at Westminster Presbyterian Methodist 7001 Trail Lake Drive in Ft. Worth.

Notice!! Project Linus does not meet in August.

To join us go west on I-20 to the Granbury road exit and go left under the highway for about 5 blocks to Hulen and turn left again and go about 4 blocks to Alta Mesa and then go right for 2 blocks to the stop sign (the church is on your left) so make a u-turn and enter the parking lot and follow the signs to Fellowship Hall. The church has a day care so we park on the back of the building and don't interfere with the kiddos. So try to join us this month July the second Thursday.

Special thanks this month to our generous donors: Nancy Spell(polka dot princess), Phyllis Borton (quilting queen), Jolene Mershon (Kit Fairy), Janice Mowery (fabric fairy), Lauren Crespo, Cynthia Berend, Elaine Grasher, Deb Hood, Dottie Hughes, Gayle Krengel, Jackie Hutson, Karen Raschio, Judy O'Polka, Linda Williams, (delivered lots of fabric etc), Dale Scott, Dora Loughan, AWC fabric, Robbie Colley, Patricia Eckstrom and the Arlington Classic Academy Linus Club, Patsy Martin, Pat Hall, Barb Cain, Sandy Ellison, Elizabeth Carr, Judy Liston, Pat Madrid (huge fabric donation), Veronica Mowery, Debra Ware, Christine Weiss, Ruth Ann Uzzle, Cindy Gorman, Donella Pyle, Kayleen Farrington, and anonymous, if I missed you please forgive me.

Some hospitals request sizes: 40 X 44 for little ones and at least 50 X 60 for the bigger kids and sad to say there are so many kids but they are blessed they have you to care. FYI : "Measure twice and cut once", I re-learn that lesson the hard way very often. There are websites with free ideas: <https://www.projectlinus.org/patterns.php>

and [Quiltmaker Magazine](#) has designed several free patterns for Project Linus. Enjoy! Reminder: **Snowball Express** is coming in September so if you are wanting to make a quilt for surviving children who have lost a parent in the military and/or surviving children of first responders they will be collected in September to be shipped to Florida to the Gary Sinise Foundation that furnishes transportation, amusement , accommodations, with fellow survivors that know the loss these kids have suffered. QGOA has great people and hope you enjoy all your kind labors for others. With thanks, Elizabeth.

Did you know?

Project Linus has 10,688,428+ blankets delivered since 1995!

Tom Thumb and Kroger Rewards

I wanted to remind those of you that shop at either Tom Thumb or Kroger, that they will donate a percentage of eligible purchases to the guild. Every little bit helps.

Follow this [link](#) to our guild website where it will walk you through the few steps to enroll. If you need help or have any questions, feel free to email me at veronica_mowery@yahoo.com or call me, my number is in the directory.

QGOA's July Library info

The library cabinets are back this month! Thanks to Lamar Baptist Church for allowing us to store our library cabinets!

HUGE thanks to Brenda & Jess Whitfield, Cheryl Hunker, and Toni Oyler for helping with the move!

This link will open a PDF file for the Library Catalog by [Author](#), by [Category](#), by [Title](#) or [Specialty Rulers](#)

Questions? Contact Veronica Mowery

Golden Spool Award

The entire membership of the Quilt Guild of Arlington congratulates Will Womack on winning the Golden Spool Award for the



Spring season 2026.

Will's noteworthy contributions to the Guild include morale building and hospitality (he's our membership chairperson), and community outreach. His community outreach had him spearheading the Guild's involvement with the 150th Anniversary of Arlington by designing a quilt that the guild contributed their sewing skills to. Congratulations and Thank You Will!!!

Sewcial Bees stitch group had a sew day at QAF which had us focusing on our UFOs! Lots of fun, laughter, and completed projects!



**Finished my UFO during our small group session!
Sewcial Bees rock!
Debbie Hood**



Ronald McDonald Challenge



Ronald McDonald Quilt Challenge is fast approaching!

Your quilts are due at the August meeting!

They will then be displayed and voted on by our Guild members at the September meeting.

Lisa will have entry forms at the July meeting for anyone who needs them. You can turn in your RMD quilt early too!

Military Quilt Project Challenge

Military Quilts will be due in November.

Just a reminder that Military Quilts will be turned in and displayed at the November meeting.

Happy Fourth of July! As we celebrate our country's 250th Anniversary let's honor those who make our freedom possible.

Military Quilts will be turned in and displayed at the November meeting.

There will be three categories for your peers to vote on their favorite in each category.

- ★ Red, White and Blue
- ★ Branching Out, feature your favorite branch of the military
- ★ Borders All Around, start with a center panel or focus block then add borders

While any size is great the following sizes are suggested. 55 x 65 to 72 x 90.

Please help me by putting a label on your quilt, I have printed labels available, thank you.

Many hands make light work. Let's all work together to show our appreciation to those who served.

Cindy Bergman



SAVE THE DATE!

Cactus Rose QGOA Fall Away Retreat

September 17 - 20, 2026

We will take **Registration** for the Retreat at our **August** Guild Meeting held at Lamar Baptist Church.

Price for retreat is \$210 for 3 night/4 days, meals included!

WARNING TO THOSE OVER 65 YEARS OF AGE:

I was discussing my sleep difficulties with my doctor and during the conversation I mentioned that I had been taking a lot of ZZZQuil lately and she told me to stop. She said it causes memory problems (brain fog) and I had noticed that I was forgetting words lately. When I got home, I googled it to see if the brain fog was reversable and it said yes, it should clear in 3 days to 2 weeks. Google also said recent studies show an increased chance of dementia. The active ingredient is Diphenhydramine Hydrochloride. This is also present in Benadryl, Tylenol PM, Advil PM and many other OTC drugs, especially allergy medications. I didn't have a clue! Thought I'd pass it along. Lauren Crespo

Sleeps In Heavenly Peace (SHP)

QGOA Newsletter July, 2026

Sleep isn't a luxury. For children, quality sleep fuels growing brains, supports emotional health, and gives kids the energy to learn, play, and thrive. But none of that is possible when a child is sleeping on the floor with no bed to call their own.

A bed isn't just furniture. It's stability. It's dignity. It's the foundation every child deserves.

Each bed we build represents a child we are getting into a proper bed. Sometimes it's their first bed. Every build day, every board sanded and stained represents something bigger than ourselves. We are SHP and we are a national organization answering a call to a very real and important need.

From bedding to bed building supplies, to quilts, every donation - big or small - makes a meaningful difference. Thank you for helping us change lives, one bed at a time!

Join us in recognizing what so many kids still go without, and help us keep building.

Building dreams one bed at a time, so Texas kids can thrive!

On a national note, Sleeps in Heavenly Peace is closing in on 400,000 beds delivered since 2012.

I am so proud to report that we (Arlington Chapter) have delivered 209 beds this year (as of Jun 9) in OUR Arlington community.

And, we have 25 more scheduled for Jun 20.

That's 234 kids who will no longer be sleeping on the floor! In all of 2025 we delivered 221 beds, so in six months we have already exceeded that number. There remains a huge need in this area. Thank You for supporting us.

Thank You! Bill Akins

PS: Quilt size that we need is 59"x85", and should be quilted and not tied, and have no religious or holiday themes. Also, there should be no buttons or embellishments.

NO KID SLEEPS ON THE FLOOR IN OUR TOWN!

Membership Update

Annual Membership Renewal is now open. The website has been updated with a new online registration process and printable forms that can be submitted with cash or a check at the next Guild Meeting.

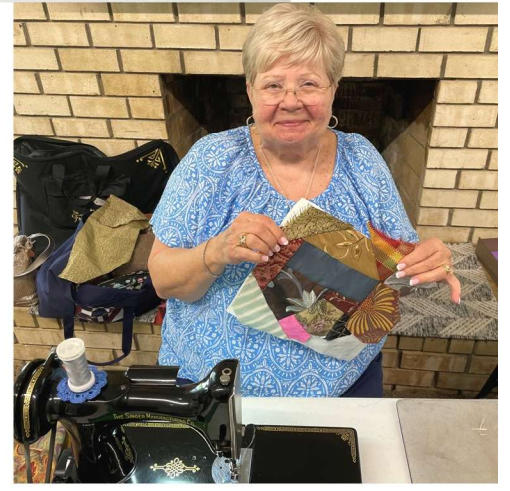
You can view the new membership page here: <https://qgoa.org/membership/>

- Online Registration: <https://qgoa.org/product/online-membership-registration/>

- Downloadable Form: <https://qgoa.org/forms/Membership/2026/Membership%20Renewal%20form%20Annual%202026-27.pdf?x22462>

Best regards,

Will Womack



Pam Pape's class "The Art of Crazy Quilts" on June 10th was informative and fun! We all had a great time and learned a lot! Thanks Pam for sharing your love of creating Crazy Quilts!

2026 Executive Board	
Position	Name
President	Lauren Crespo
Vice President/Programs	Phyllis Borton
2nd Vice President/Programs	Cindy Worman
Secretary	Toni Oyler
Treasurer	Kathy Hester
Parliamentarian	Christine Weiss
Standing and Appointed Committees	
Membership Chair	Will Womack
Membership Assistant	Deborah Womack
Guild Products	Patty King
Hospitality	Denise Cauble
Door Prizes	Joan Graffagnini
Volunteer Hours	Denise Cauble
Golden Spool	Gayle Kregel
Librarian	Veronica Mowery
Library Assistant	Janice Mowery
Publicity	Shirley Johnson
Newsletter	Maria Freitag
Historian	Leslie Wagner
Sunshine & Shadow	Linda McPherson
Quilt Show Chair	Debra Hood
Quilt Show Asst	Karen Raschio
Quilt Show Booth	Patsy Martin
Quilt Show Booth Asst	Tanya Zeller
Guild Activities	Judy O'Polka
Block Party	
Day Retreat Coordinator	Debra Ware
Away Retreat Coordinator	Judy O'Polka
Away Retreat Asst	Randa Dillon
Community Outreach	Debra Ware
Mini Auction Quilts	Debra Ware
Project Linus	Elizabeth Cooper
Archway	Dora Loughan
Ronald McDonald Challenge	Lisa Shoemaker
Ronald McDonald Asst	Shelly Cassata
Military Quilts	Cindy Bergman
WebCoordinator	Tina Griffith
Web Asst	
Guild Zoom	Tina Griffith
Board Zoom	Tina Griffith
Donation Quilt	Christine Weiss
Arlington 150th	Will Womack
Fundraising Coordinator	

QGOA Stitch Groups

Friendship Stitchers

Meets @ First Christian Church
910 S. Collins, Arlington
1st & 3rd Thursdays @ 10 am
Contact: Cindy Bergman

Many Mini Stitchers

Meets @ Holy Cross Lutheran Church,
4400 W. Arkansas Ln. Arlington, 76016
3rd Wednesday from 9am -2pm
Bring sewing machine, iron, etc. and a miniature
or other quilt project to work on!
Contact: Christine Weiss

Project Linus

Linus is meeting regularly from 9am to 2pm at
Westminster Presbyterian Church at
7100 Trail Lake Dr, Ft. Worth. We meet on the
2nd Thursday of the month
Contact: Elizabeth Cooper

Piecemakers

Piecemakers changed our meeting place to
Saint Alban's Anglican Parish at 911 S. Davis,
Arlington, TX 76013 and
will meet on the 2nd & 4th Thursdays
5 pm – 9 pm
Contact: Brenda Whitfield

The Sewcial Bee

4th Tuesday of the month @ 6 pm
Bring a handwork project or a show-and-tell!
Contact: Sharon Ligon

Etcetera Art Quilt Group

Meets @ Quilt Among Friends,
2400 W Pioneer Pkwy, Suite 250
Arlington, TX 76013-6058
4th Thursday of the month 7pm
at Quilt Among Friends
Contact: Donna Akins or Rose Kauhane

**Newsletter article submissions for the
upcoming month are due by at least the 20th of
the previous month ie. May articles are due in
April**

**Your stitch group is welcome to send in photos.
We all love to see what you are up to! Please
email your photo in JPG format if possible
Thanks for sharing what a great guild we have!
Maria Freitag, Newsletter Editor**